

For all letters in the text repeat

If it's a consonant, move forward
1 consonants in the alphabet.

If it's a vowel, move forward
4 vowels in the alphabet.

If it's a letter, move forward
5 letters in the alphabet.

If it's a letter, move forward
7 letters in the alphabet.

If it's a consonant, move forward
2 consonants in the alphabet.

If it's a letter, move forward
13 letters in the alphabet.

If it's a consonant, go back
4 consonants in the alphabet.

If it's a vowel, go back
3 vowels in the alphabet.

If it's a letter, go back
5 letters in the alphabet.

If it's a letter, go back
2 letters in the alphabet.

If it's a vowel, go back
7 vowels in the alphabet.